



**This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: 3NE240123  
It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing**

### PROGRAMME OF EVENTS

| SATURDAY 16 <sup>th</sup> March 2024 |                         |           |                            |
|--------------------------------------|-------------------------|-----------|----------------------------|
| Session 1                            |                         | Session 2 |                            |
| 101                                  | 400IM Girls             | 201       | 400M Freestyle Girls       |
| 102                                  | 200M Freestyle Open/Boy | 202       | 200M IM Open/Boy           |
| 103                                  | 100M Backstroke Girls   | 203       | 50M Breaststroke Girls     |
| 104                                  | 100M Butterfly Open/Boy | 204       | 50M Backstroke Open/Boy    |
| 105                                  | 50M Butterfly Girls     | 205       | 100M Freestyle Girls       |
| 106                                  | 50M Freestyle Open/Boy  | 206       | 100M Breaststroke Open/Boy |
| 107                                  | 200M Breaststroke Girls | 207       | 200M Butterfly Girls       |
| 108                                  | 1500M Freestyle (mixed) | 208       | 200M Backstroke Open/Boy   |

| SUNDAY 17 <sup>th</sup> March 2024 |                            |           |                           |
|------------------------------------|----------------------------|-----------|---------------------------|
| Session 1                          |                            | Session 2 |                           |
| 301                                | 400IM Boys                 | 401       | 400M Freestyle Open/Boy   |
| 302                                | 200M Freestyle Girls       | 402       | 200M IM Girls             |
| 303                                | 100M Backstroke Open/Boy   | 403       | 50M Breaststroke Open/Boy |
| 304                                | 100M Butterfly Girls       | 404       | 50M Backstroke Girls      |
| 305                                | 50M Butterfly Open/Boy     | 405       | 100M Freestyle Open/Boy   |
| 306                                | 50M Freestyle Girls        | 406       | 100M Breaststroke Girls   |
| 307                                | 200M Breaststroke Open/Boy | 407       | 200M Butterfly Open/Boy   |
| 308                                | 800M Freestyle (mixed)     | 408       | 200M Backstroke Girls     |