



**This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: .....  
It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing**

### PROGRAMME OF EVENTS

SATURDAY 16 <sup>th</sup> March 2024			
Session 1		Session 2	
101	400IM Girls	201	400M Freestyle Girls
102	200M Freestyle Open/Boy	202	200M IM Open/Boy
103	100M Backstroke Girls	203	50M Breaststroke Girls
104	100M Butterfly Open/Boy	204	50M Backstroke Open/Boy
105	50M Butterfly Girls	205	100M Freestyle Girls
106	50M Freestyle Open/Boy	206	100M Breaststroke Open/Boy
107	200M Breaststroke Girls	207	200M Butterfly Girls
108	1500M Freestyle (mixed)	208	200M Backstroke Open/Boy

SUNDAY 17 <sup>th</sup> March 2024			
Session 1		Session 2	
301	400IM Boys	401	400M Freestyle Open/Boy
302	200M Freestyle Girls	402	200M IM Girls
303	100M Backstroke Open/Boy	403	50M Breaststroke Open/Boy
304	100M Butterfly Girls	404	50M Backstroke Girls
305	50M Butterfly Open/Boy	405	100M Freestyle Open/Boy
306	50M Freestyle Girls	406	100M Breaststroke Girls
307	200M Breaststroke Open/Boy	407	200M Butterfly Open/Boy
308	800M Freestyle (mixed)	408	200M Backstroke Girls