



**Richmond Dales Back to Pool
September 2019**

**Programme of events
ASA Licence Number (TBC)**



Saturday 28th September

Session 1

Warm Up 08.00 am – 08.55 am

09.00 am start

Event 101 - Girls 11 and over SC 400m Freestyle
Event 102 - Boys 200 IM
Event 103 - Girls 9 and over SC 100m Breaststroke
Event 104 - Boys 9 and over SC 50m Freestyle
Event 105 - Girls 9 and over SC 50m Breaststroke
Event 106 - Boys 9 and over SC 100m Butterfly
Event 107 - Girls 9 and over SC 200m Backstroke
Event 108 - Boys 12/under - Skins
Event 109 - Boys 13/over - Skins

Session 2

Warm Up TBC expected 13.00 pm – 13.55 pm

14.00 pm start

Event 201 - Girls 9 and over SC 100m Backstroke
Event 202 - Boys 9 and over SC 200m Butterfly
Event 203 - Girls 9 and over SC 50m Butterfly
Event 204 - Boys 9 and over SC 50m Backstroke
Event 205 - Girls 9 and over SC 200m Breaststroke
Event 206 - Boys 9 and over SC 100m Freestyle
Event 207 - Girls 9 and over SC 200m Freestyle

Sunday 29th September

Session 3

Warm Up 08.00 am – 08.55 am

09.00 am start

Event 301 - Boys 11 and over SC 400m Freestyle
Event 302 - Girls 200 IM
Event 303 - Boys 9 and over SC 100m Breaststroke
Event 304 - Girls 9 and over SC 50m Freestyle
Event 305 - Boys 9 and over SC 50m Breaststroke
Event 306 - Girls 9 and over SC 100m Butterfly
Event 307 - Boys 9 and over SC 200m Backstroke
Event 308 - Girls 12/under - Skins
Event 309 - Girls 13/over - Skins

Session 4

Warm Up TBC expected 13.00 pm – 13.55 pm

14.00 pm start

Event 401 - Boys 9 and over SC 100m Backstroke
Event 402 - Girls 9 and over SC 200m Butterfly
Event 403 - Boys 9 and over SC 50m Butterfly
Event 404 - Girls 9 and over SC 50m Backstroke
Event 405 - Boys 9 and over SC 200m Breaststroke
Event 406 - Girls 9 and over SC 100m Freestyle
Event 407 - Boys 9 and over SC 200m Freestyle